

SIDES

Hummus & Pita ★🌱.....\$5.75
Garbanzo bean dip with pita bread.
Sweet Potato Fries 🌱🌱.....\$6.95
Falafel Side 🌱🌱.....\$4.95
5 falafels served with tahini dip.

Tatziki & Pita 🌱.....\$5.75
Cucumber yogurt dip with pita bread.
Pickled Veggies 🌱🌱.....\$4.45
Chicken Breast a-la-carte.....\$5.95
5 pieces of chicken breast served with a lemon wedge.

Skinny Fries ★🌱.....\$5.75
Garlic seasoned.
Stuffed Grape Leaves 🌱.....\$4.75
Gyro meat a-la-carte.....\$6.95
Freshly sliced gyro meat with tatziki for dipping.

PLATES

All plates come in a crispy pita bowl | Pita bowl optional | Substitute rice with lettuce or seasoned fries.

Chicken Breast Plate ★.....\$14.75
Grilled chicken breast, roasted pepper & tomato, spiced onion & parsley mix, white basmati rice, cucumber & tomato salad, sliced lemon wedge, pepperoncini, all in a crispy pita bowl, served with hummus for dipping.

Gyro Plate.....\$14.95
Sliced gyro meat, roasted pepper & tomato, spiced onion & parsley mix, white basmati rice, cucumber & tomato salad, sliced lemon wedge, pepperoncini, all in a crispy pita bowl, served with tatziki for dipping.

Combo Plate.....\$15.95
Grilled chicken breast, sliced gyro meat, roasted pepper & tomato, spiced onion & parsley mix, white basmati rice, cucumber & tomato salad, sliced lemon wedge, pepperoncini, all in a crispy pita bowl, served with hummus & tatziki for dipping.



Falafel Plate 🌱.....\$13.95
4 falafel balls, pickled veggies, spiced onion & parsley mix, white basmati rice, cucumber & tomato salad, sliced lemon wedge, pepperoncini, all in a crispy pita bowl, served with hummus for dipping.

Veggie Plate ★🌱.....\$13.95
2 falafel, 2 stuffed grape leaves, roasted pepper & tomato, spiced onion & parsley mix, white basmati rice, cucumber & tomato salad, sliced lemon wedge, pepperoncini, all in a crispy pita bowl, served with hummus for dipping.

WRAPS

All wraps come with a side salad or fries and dipping sauce | no substitutions

Gyro ★.....\$13.95
Tatziki spread topped with freshly grilled gyro meat wrapped in a warm pita with cucumbers, tomatoes, onions, chopped parsley, served with a fresh salad and more tatziki for dipping.

Garlic Herb.....\$13.95
Homemade garlic spread with grilled chicken breast wrapped in garden spinach tortilla with tomatoes, cucumbers, lettuce, red onions, chopped parsley, served with a fresh salad and more garlic spread for dipping.

Falafel Wrap ★🌱🌱.....\$12.95
3 falafels wrapped in a warm pita with tomatoes, cucumbers, red onions, chopped parsley, lettuce, drizzled with tahini dressing, served with a fresh salad and more tahini for dipping.

Tahini Chicken.....\$13.95
Grilled chicken breast wrapped in a warm pita bread with cucumbers, tomatoes, red onions, chopped parsley, lettuce, drizzled with tahini dressing, served with a fresh salad and more tahini for dipping.

Veggie 🌱.....\$13.45
Falafel, sliced avocado, carrots, garbanzo beans, tomatoes, cucumbers, red onions, crumbled feta cheese, lettuce, drizzled with tahini dressing, wrapped in a garden spinach tortilla, served with a fresh salad and more tahini for dipping.



Shawafel.....\$13.75
Grilled chicken breast and chopped falafel wrapped in a warm pita bread with cucumbers, tomatoes, red onions, chopped parsley, drizzled with tahini dressing, served with a fresh salad and more tahini for dipping.

Santorini ★.....\$13.95
Hummus spread with grilled chicken breast wrapped in a sun-dried tomato and basil tortilla with tomatoes, kalamata olives, avocado, crumbled feta cheese, lettuce, served with a fresh salad and more hummus for dipping.

Pesto Chicken.....\$14.50
Pesto spread with your choice of chicken breast wrapped in a sun-dried tomato and basil tortilla with tomatoes, carrots, avocado, lettuce, crumbled feta cheese, served with a fresh salad and hummus for dipping.

Caesar Chicken.....\$14.25
Grilled chicken breast wrapped in a garden spinach tortilla with sliced avocado, tomatoes, parmesan cheese, lettuce, drizzled with caesar dressing, served with a fresh salad and more Caesar dressing for dipping.

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SALADS

All salads come with dressing on the side | Substitute grilled chicken breast for gyro at an additional \$1 charge.

Add Chicken - \$2.95 | **Add Falafel - \$2.45** | **Add Gyro - \$3.95** | **Add Avocado - \$1.95** | **Extra Dressing - \$.50**

Greek ⭐🌱.....\$12.75

Kalamata olives, tomatoes, cucumbers, red onions, cubed feta cheese, romaine lettuce, served with a side of our greek dressing and freshly sliced lemon wedge.



Falafel Salad 🌱🌱.....\$13.45

Chopped falafel, tomatoes, cucumbers, onions, garbanzo beans, carrots, chopped kale, served with our tahini lemon dressing.

Fattoush 🌱🌱.....\$13.95

Chopped cucumbers, tomatoes, red onions, parsley, mint, paprika, crispy pita chips, served with a side of our lemon vinaigrette and freshly sliced lemon wedge.

Quinoa Chop ⭐🌱🌱.....\$13.95

Finely chopped parsley mixed with quinoa, tomatoes, cucumbers, red onions, our house blend spices, served with our lemon herb dressing and a freshly sliced lemon wedge.

Chicken Caesar.....\$14.25

Grilled chicken breast, crunchy croutons, shaved parmesan cheese, tomatoes, chopped kale, romaine lettuce, served with a side of creamy caesar dressing.

Mediterranean Chicken ⭐.....\$14.75

Grilled chicken breast, garbanzo beans, kalamata olives, tomatoes, cubed feta cheese, and romaine lettuce on top of a bed of hummus, served with a side of our lemon herb dressing and freshly sliced lemon wedge.

Garden 🌱🌱.....\$10.45

Romaine lettuce, tomatoes, cucumbers, served with your choice of house Italian dressing, ranch dressing, or balsamic vinaigrette.

Topolini.....\$14.75

Mustard marinated chicken breast, cubed feta cheese, sweet dried cranberries, red onions, raw walnuts, over chopped romaine lettuce, served with a red wine vinaigrette.

Kalifornia Chicken.....\$14.95

Grilled chicken breast, chopped kale massaged in extra virgin olive oil with quinoa, sweet dried cranberries, cucumbers, red onions, garbanzo beans, carrots, topped with avocado and served with a red wine vinaigrette and a freshly sliced lemon wedge.



SMOOTHIES 20oz.

All smoothies include vanilla whey protein | plant based vanilla protein available at no additional charge.

Antioxidant ⭐.....\$8.95

Made with only real frozen strawberries and blueberries, 25 grams of vanilla protein powder, and almond milk or water.

Strawberry Banana.....\$8.75

Real frozen strawberries and bananas, 25 grams of vanilla protein powder, and almond milk or water.

Berry Banana.....\$8.95

Real frozen blueberries and bananas, 25 grams of vanilla protein powder, and almond milk or water.

Immunity Booster.....\$9.45

Real frozen pineapples, strawberries, spinach, 25 grams of vanilla protein powder, and almond milk or water.



Healthy Smoothie ⭐.....\$9.25

Real frozen bananas, peanut butter, 25 grams of vanilla protein powder, and almond milk or water.

Super Smoothie.....\$9.45

Made with pineapples, green superfood, banana, 25 grams of vanilla protein, and your choice of almond milk or water.

Post Workout.....\$9.95

Real frozen strawberries, peanut butter, 50 grams of vanilla protein, and your choice of almond milk or water.

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